



# Tapping Script

FOR MOVING TOWARDS SUCCESSFUL CAREER OR BUSINESS

## SETUP

### **Karate Chop Point:**

**Even though** I may be a bit afraid of what's ahead, it may be the younger me afraid of being rejected again. The wiser ME accepts myself fully and is allowing this forward movement in fulfilling my unique purpose. It's what I am here for.

**Even though** I may be afraid of making the wrong choice and having the ideas I come up with fall through, I am completely aligned with forging ahead with the endless possibilities, with the discoveries leading me to the wisest choices

**Even though** I may be afraid of some unknowns about the future, I'm choosing now to release these remaining fears and approach my new ventures with surprising ease.

**Eyebrow:** Choosing to release remaining fear and allow my joy, enthusiasm and bountiful energy to flow

**Side of the Eye:** Appreciating the opportunity to show my resourcefulness, skill, intelligence and creativity

**Under the Eye:** Choosing to follow the course I'm drawn to and that feels right. It is my own; not someone else's agenda

**Under the Nose:** Choosing to trust my inner GPS to guide me

**Chin:** Choosing to release my fear of what those "others" will think, those who don't really know me and probably are not caring about what I do

**Collarbone:** Appreciating the opportunities I created for myself

**Under the Arm:** Appreciating the freedom to follow my own path

**Top of the Head :** Choosing to embrace my noble adventures

**Deep breath. Check intensity of emotions as you replay what happened. If any remaining, tap more to clear to zero. Then celebrate what you did for yourself!**



**If you're stuck, don't be hard on yourself and feel free to reach out for an online EFT session.**